

Focus

Annual Review 2009/10



Putting sport first

sportscotland
the national agency for sport



Glenogle Swim Centre in Edinburgh has been refurbished with the help of £350,000 of **sportscotland** investment

Who we are

sportscotland is the national agency for sport. We are the lead agency for the development of sport in Scotland.

Our aim is to increase participation and improve performance by investing in and joining up the people, places and thinking that make sport happen.

We passionately believe in the benefits of sport and the unique contribution it makes to Scotland's economy, health and identity. We see a Scotland where sport and physical activity is a daily part of everyone's life and where Scotland consistently wins on the world stage.

We are a non-departmental public body, responsible to Scottish Government ministers. We are also a National Lottery Fund distributor.

We work with partners to build success for Scottish sport. We advise the Scottish Government and support the delivery of its policies; we lead, support and coordinate the key providers of sport; and we invest National Lottery and Scottish Government funding.

We also deliver quality services in focused areas from facility design to finding innovative ways to engage young people in sport and physical activity. At the institute of sport we provide high performance expertise to sport and athletes in Scotland. At our national centres we provide training and facilities for the outdoors, watersports and competitive sport, while our head office team work strategically with key partners to deliver sport and physical activity at every level.

In everything we do we act in the best interests of Scottish sport – **putting sport first.**



Tim Silvester, institute Strength and Conditioning Coach, working with the Scottish Netball team

Our review in context

In June 2009, following a mid-term review of our existing corporate plan, **sportscotland** published *Our Plan 2009-2011*, which can be downloaded from our website at www.sportscotland.org.uk/ourplan. This summarises the principles, priorities and outcomes for **sportscotland** during 2009-2011. It also summarises how we contribute to *Reaching Higher*, the national strategy for sport, and the objectives set out by the Scottish Government.

This review outlines the progress made during 2009/10 in each of the priority areas outlined in *Our Plan*.

Our principles

The following principles are central to our policy and programme development and underpin everything we do.

Creating effective sporting pathways

Sporting pathways are all about creating opportunities for people to participate in sport and physical activity at any level and at any stage in life.

Developing a strong infrastructure

The development of Scottish sport is dependent on an infrastructure of people, organisations and facilities. This infrastructure has to be maintained, grown and sustained in the long-term.

Embedding ethics and equity throughout sport

We are committed to ethical and equitable sport and physical activity, tackling discrimination, promoting equality of opportunity, and ensuring safe and fair participation and performance.

Achieving performance and success

From the individual benefits that people experience when performing at their best, to the collective pride of Scotland achieving success on the world stage, we are committed to the principle of achievement in sport.

Working in partnership

We will work with our partners to maximise our shared contribution to sport and physical activity and to Scotland as a nation.



Chair Louise Martin CBE and Chief Executive Stewart Harris at **sportscotland's** House of Sport in Edinburgh

Overview from our Chair

At the time of writing, we are on the cusp of the 2010 Commonwealth Games and while Delhi will present unique challenges on a number of fronts, we know our athletes will rise to the challenge and we wish them the very best of luck.

The close of Delhi celebrates the official handover of the Commonwealth Games to Glasgow when the countdown to 2014 will begin in earnest. Prior to the 2014 Commonwealth Games, we have the tantalising prospect of London 2012, and directly after, the 2014 Ryder Cup at Gleneagles. These events promise to be an incredible inspiration, not only to the Scottish athletes competing, but to the coaches, officials and volunteers from Scotland who will be involved. They will also provide our athletes with a new generation of home grown sporting role models.

Glasgow 2014 is a hugely important marker on our journey to increase participation and improve performance in sport. The Games will provide a once-in-a-generation opportunity

to accelerate the development of sport in Scotland – raising its profile and motivating the nation to be more active.

All of **sportscotland's** work, from school and community sport right along the pathway to high performance sport, is focused on providing Scotland with a strong sporting legacy for the future. Specific to the Scottish Government's Games legacy plan, we are focusing on two key areas. Firstly, we are developing a long-term sustainable community-based activity infrastructure through our work on community sport hubs. Secondly, we are working to strengthen and develop Scotland's performance sport network to provide a world-class system.

Of course all of this work is set against a backdrop of the most challenging economic circumstances that many of us have ever experienced. The new Westminster Government has clearly stated the intent to reduce the budget deficit, and with that will come changes to the way that sport is structured.

While sport remains a devolved matter in Scotland, we are looking forward to seeing the details of the UK Government's proposals and, along with the other Home Country Sports

Councils, providing the Department for Culture, Media and Sport with advice on the best possible structure for sport within the UK.

Despite the difficult economic situation, we have been buoyed by the reactions of partners to the contribution sport can make to our nation. For example many local authorities are prioritising their funding for sport in an effort to get more people active. This is the right decision for the long-term as sport has a unique ability to contribute across a whole range of agendas including health, social justice, equality and the economy.

In closing I would like to thank our board members for their ongoing commitment, informed advice and support to the organisation. I would also like to thank the Scottish Government for their recognition of, and commitment to, sport. Most of all, I would like to thank every volunteer, coach, teacher, administrator, official and parent who helps to make sport happen, week in week out, across Scotland. More than anyone else, you are the driving force behind Scottish sport.



Louise Martin CBE, Chair

Overview from our Chief Executive

This year we have seen **sportscotland** emerge from a period of transition, through relocation and restructure, into a period of focus and building. Working with a new team we have continued to deliver our established programmes while also undertaking the groundwork for key projects in the future.

A critical area of focus has been establishing the six regional sporting partnerships, and these are already starting to simplify and strengthen the relationships between national and local partners and programmes.

In this context we have taken the opportunity to more closely integrate the work of the institute of sport and the area institutes into one institute network. With support agreed nationally and delivered locally, we are strengthening the pathways in performance

sport and ensuring that, as a business, we maximise all available resources.

We have also put in place the building blocks of our future work on establishing a network of community sport hubs that we believe will establish a more sustainable community-driven model for sports development.

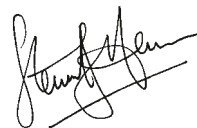
Looking to the future, we are in the process of developing our corporate plan for 2011-2015, a unique period of time in which Scottish sport has unparalleled opportunities coupled with huge challenges. In developing this new plan we are focusing on the outcomes that we want for Scottish sport and ensuring that we maximise the return of our combined resources against those outcomes. We have also taken the opportunity to share our emerging plans with our partners and the wider sporting public, taking feedback through consultation to help shape our work in the future.

At **sportscotland** we are clear that we can only be successful by working in partnership. All of the progress outlined in this annual review is shared with the organisations

that we work with, in particular governing bodies of sport and local authorities. I would like to thank all of our partners – and all of the team across **sportscotland** – for their tireless efforts over the year. I am proud of what we have achieved together.

Moving forward I believe that we need to challenge ourselves to continually improve the quality of our partnerships by continuing to share information; make joint decisions; deliver on our commitments and take actions to deal with issues that arise. We also need to be proactive in our combined efforts to make the case for sport and demonstrate to influencers and decision makers the contribution that sport makes, and has the potential to make, to people's lives.

By working together I am confident we will realise the potential of sport to improve the lives of people and communities right across Scotland.



Stewart Harris, Chief Executive

A mountain biker wearing a black and yellow jacket, black shorts, and a black helmet is riding a mountain bike on a wooden boardwalk trail. The trail is surrounded by dense forest with trees and ferns. The background is slightly blurred, suggesting motion.

Board members:

Louise Martin CBE (Chair) • Ian Beattie (Vice Chair) • Carolan Dobson • Atholl Duncan* • Sir Bill Gammell • Steven Grimmond*
Mike Hay MBE • Professor Grant Jarvie • Graeme Marchbank • Kim McAully • David Sole OBE • Frances Thin • Mel Young

* Term ended October 2009

The Mountain Bike Skills Course at **sportscotland** national outdoor training centre Glenmore Lodge



Stirling's Active Schools team running a summer programme at The Peak

School and Community Sport

- Embedded the new Active Schools Network **staffing and finance** arrangements, originally agreed in 2008/09
- Active Schools delivered over **4.7m participant sessions**, an estimated **5% increase** on last year*, and **75%** of these sessions were delivered by **volunteers**
- **£1.3m invested** directly into over 260 sports clubs and community groups through Awards for All and **sportsmatch**
- In total, **86% of secondary schools** have engaged with the **Fit For Girls** programme
- Initiated the plan for the development of the **community sport hubs** programme
- Supported the roll-out of **26 Sport Relief miles** with almost 5,000 pre-registered participants
- Over **36,000 P5 pupils** received an introduction to golf through **clubgolf****

* total participant sessions figure based on term 3 of 08/09 school year and terms 1 and 2 of 09/10 school year. Estimated increase based on term 1 2008/09 compared with term 1 2009/10

** figure based on school year 2009/10



Scottish Canoe Association Development Coach Kristina Medovcikova working with canoeists on the Union Canal, Linlithgow

Performance Development

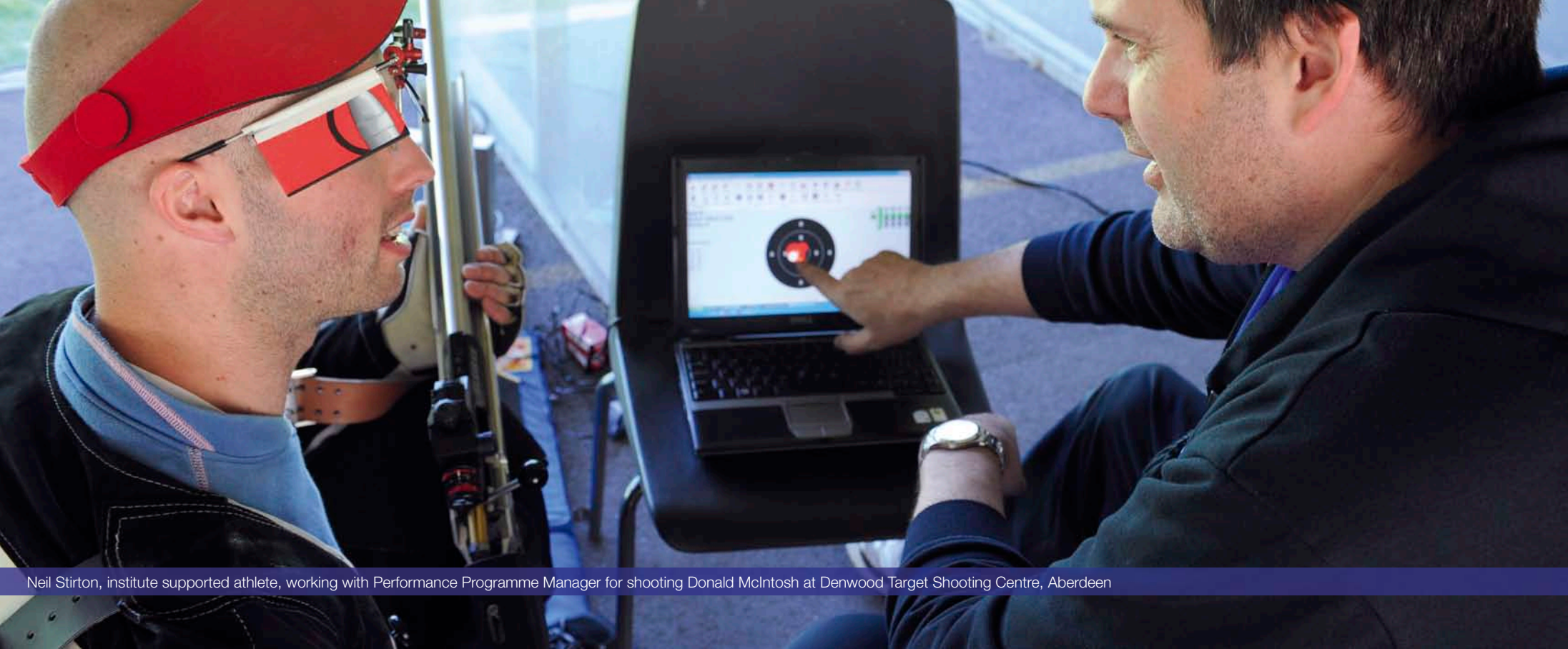
- Progressed the roll-out of **regional sporting partnerships** designed to improve pathways between local and national partners and programmes
- Four regional sporting partnerships **actively implementing plans** within their region
- **Regional staff in place** for four priority sports – swimming, athletics, gymnastics and disability sport
- Demonstrated **13% increase in club membership** and **14% increase in coaches being developed** in the final year of the two pilot sports partnerships
- Invested in the **performance pathway** of over 30 sports



Daniel Keatings, an institute supported athlete, competing at the 2009 Artistic Gymnastics World Championships

High Performance

- sportscotland institute of sport supported **620 athletes** from over **40 sports**
- 25 World and European **medal-winning performances** by institute supported athletes
- **Record number of Scottish athletes** selected for the 2010 Vancouver Olympic and Paralympic Games
- Worked with the British Olympic Association and ParalympicsGB to ensure **consistent athlete support** to alpine skiers following the demise of Snowsport GB in the run up to Vancouver 2010
- Provided **expert support, advice and services** to all Delhi 2010 and London 2012 sports and athletes
- Extensive **planning and gap analysis** to accelerate growth and progress towards **Glasgow 2014**



Neil Stirton, institute supported athlete, working with Performance Programme Manager for shooting Donald McIntosh at Denwood Target Shooting Centre, Aberdeen

High Performance

- Continued to work with targeted London 2012 sports and all Glasgow 2014 sports, including implementation of **Mission 2014** programme
- Brought together area institutes to create an **integrated institute of sport network** where support is agreed nationally and delivered locally
- Implemented **Gold4Glasgow Judo and Cycling** initiatives and assisted delivery of UK Sport's **Tall and Talented** initiative
- **Specialist work** carried out in **attitude** and **growth mindset**
- Embedded **talent forums**, bringing together coaches and performance staff to discuss and explore practical experiences
- Recruited **highly trained practitioners** in strength and conditioning, physiotherapy, physiology, performance nutrition and psychology to support progress towards 2014



New facilities at Scotstoun Stadium in Glasgow have been supported with £4.5m of **sportscotland** investment

Quality Facilities

- **37 successful applications** for sportscotland investment through the Sports Facilities Fund (SFF)
- £8.6m invested into facility projects through the SFF, leveraging **over £78m of funding**
- **£100,000** invested into 13 Scottish governing bodies for **performance equipment**
- Launched the Small Projects Fund, a **streamlined application process** for small grants projects
- Two flagship national and regional sports facilities completed and opened – **Aberdeen Sports Village** and **Scotstoun Stadium, Glasgow** – and an additional three underway: Ravenscraig Regional Sports Facility, North Lanarkshire; National Indoor Sports Arena and Velodrome, Glasgow and the Royal Commonwealth Pool, Edinburgh
- Supported delivery of **£1.5m of CashBack for Communities** funding to **26 grassroots football projects**
- Continued to provide **design consultation services** on facility development projects across Scotland
- Responded to **62 planning applications** involving sports facilities



Molly Masters, a UKCC level 2 coach, working with children at a school tennis festival at the Craiglockhart Tennis Centre, Edinburgh

Coaching and Volunteering

- Over **3,700 coaches** registered for UK Coaching Certificate (UKCC) qualifications
- 22 sports supported to deliver **37 individual qualifications** through UKCC
- **sports coach UK workshops** delivered to over 3,000 coaches across Scotland
- 25 female coaches mentored through the **Women in Coaching Programme**
- 120 coaches attended 16 **Coaching Matters training sessions**
- Delivered two **national coaching seminars** with over 140 attendees
- **National Framework for Volunteering in Sport** progressed in partnership with Volunteer Development Scotland
- **Young People into Leadership and Volunteering** project established
- **Work Out For Sport** corporate volunteering project initiated in partnership with Winning Scotland Foundation and Deloitte



Scottish Disability Sport's summer camp at the **sportscotland** national sports training centre Inverclyde

Stronger Partners

- Invested **over £16m** into Scottish governing bodies of sport (SGBs)
- Developed **House of Sport** in Edinburgh to provide high-quality, affordable offices for 14 sport organisations
- **Data management system rolled out** to a further four SGBs, enhancing their ability to record, manage and report on activity
- **Supported 30 partners** with expert resources in areas including finance, legal and human resources
- Completed 'fit for purpose' **corporate governance audits** on 14 SGBs
- **Invested £16m** across all 32 local authority sports development plans to increase participation
- Established all **six regional sporting partnerships** with four actively implementing plans for their region
- Provided **dedicated support, advice and guidance** to all 32 local authorities and associated local partners
- Led the development of the **Active Scotland Household Targeting Tool** in partnership with Scottish Government, NHS Health Scotland and Scottish Natural Heritage



Open-plan working at **sportscotland's** Glasgow head office has increased productivity and interaction through improved communication

Stronger **sport**scotland

- Introduced new **performance management system**
- Invested in **House of Sport** at former Edinburgh head office for sport organisations to work closer together
- Updated all human resource policies and procedures to make them **fit for purpose**
- Developed an **estate management strategy** and obtained Environmental Performance Certificate to reduce costs and improve the use of the **sportscotland** estate
- Achieved **Investors in People** status



The 2010 World Laser Championships supported by the **sportscotland** national watersports training centre Cumbrae

Cumbrae



www.nationalcentrecumbrae.org.uk

- **5% increase** in coaches attending training courses
- Additional 15 courses offered, including a **15 week professional yachtmaster course**
- Worked with Royal Yachting Association and Royal Yachting Association Scotland on delivery of **four outreach courses** and **two world sailing events**
- Directed resources to the **Scottish Sailing Institute** ahead of the world events taking place in Largs
- Invested £54,000 in **fleet upgrade programme**

Inverclyde



www.nationalcentreinverclyde.org.uk

- Over 1,200 coaches received **coach education**
- Over **63,000 community users** throughout the year
- Centre used by **22 sports** for coach education, squads and residential camps
- James Watt College student roll doubled to **320 students** undertaking studies in sport, exercise and the outdoors
- Installed new **international specification hockey pitch** and upgraded golf training facility, including opening of **Bob Torrance School of Golf**

Glenmore Lodge

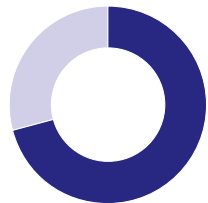


www.glenmorelodge.org.uk

- **1,355 instructors** attended training courses
- Awarded the highest level of environmental benchmark: the **Green Tourism Business Scheme Gold Standard**
- Installed **new and improved** customer relationship management system
- **Improved conference and meeting room facilities**
offering new, flexible room layouts

Financial Summary

The following are details of amounts (£) invested in individual sports for the **sportscotland** financial year ending 31 March 2010.

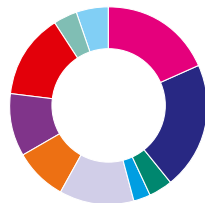


Sources of funding

- Scottish Government funding
- National Lottery funding

Total

£m
£49.312
£20.206
£69.518



Breakdown of expenditure

- Active Schools £12.707
- Quality Facilities £14.234
- Coaching and Volunteering £2.637
- Community Sport £1.909
- Performance Development £8.371
- High Performance £5.722
- Stronger Partners £7.079
- Stronger **sportscotland**[†] £9.672
- **sportscotland** National Centres £2.571
- Olympic Lottery Distribution Fund (OLDF) £3.514

Total **£68.416**

[†]includes costs associated with relocation of headquarters to Glasgow

Sport	Investment	Additional	Overall
	direct to SGB	investment***	totals
	£	£	2009/10
			£
Angling	92,250	0	92,250
Archery	97,825	1,329	99,154
Athletics*	1,366,551	7,600	1,374,151
Badminton	783,888	3,500	787,388
Basketball	355,100	10,560	365,660
Bowling	301,500	16,469	317,969
Boxing	345,000	19,058	364,058
Canoeing	445,400	0	445,400
Cricket	426,200	19,200	445,400
Croquet	2,000	0	2,000
Curling	432,749	0	432,749
Cycling	598,400	0	598,400
DanceSport	4,500	1,000	5,500
Equestrian	152,000	241	152,241
Fencing	48,000	0	48,000
Football	1,315,000	103,292	1,418,292
Golf	1,073,720	1,500	1,075,220
Gymnastics	865,820	1,519	867,339
Handball	27,000	800	27,800
Hockey	875,600	4,325	879,925

Sport	Investment direct to SGB	Additional investment***	Overall totals 2009/10
	£	£	£
Judo	403,520	1,163	404,683
Jujitsu	3,000	0	3,000
Karate	40,000	0	40,000
Lacrosse	11,000	3,000	14,000
Modern Pentathlon	22,500	1,199	23,699
Mountaineering/Climbing	155,300	0	155,300
Netball	272,770	15,983	288,753
Orienteering	68,188	0	68,188
Rowing*	184,250	37,603	221,853
Rugby League	36,350	180	36,530
Rugby Union	879,924	64,604	944,528
Sailing*	660,000	3,900	663,900
Shinty	150,500	19,600	170,100
Shooting	20,000	0	20,000
Snowsport	222,500	11,500	234,000
Squash**	0	990	990
Sub Aqua	17,000	2,325	19,325
Swimming	1,331,242	3,593	1,334,835
Table Tennis	144,255	19,125	163,380
Tae Kwon Do	20,000	0	20,000

Sport	Investment direct to SGB	Additional investment***	Overall totals 2009/10
	£	£	£
Tennis	360,300	0	360,300
Triathlon	249,330	0	249,330
Tug of War	2,500	0	2,500
Volleyball	204,720	2,825	207,545
Waterskiing	48,500	1,395	49,895
Wrestling	181,400	0	181,400
Scottish Sports Association	72,000	2,325	74,325
Scottish Disability Sport	538,500	0	538,500
Scottish University Sport	40,000	0	40,000
Children First	125,000	233	125,233
Commonwealth Games Council	145,000	0	145,000
Multi Sport****	0	41,337,003	41,337,003
TOTAL	16,218,052	41,718,939	57,936,991

* more than one year's investment

** investment into SGB for 2009/10 financial year included in **sportscotland** annual review 2008/09

*** e.g. facility awards, athlete support, Awards for All, **sportsmatch**

**** e.g. investment into the Active Schools Network, sports and community sports facilities, sports partnerships, **sportscotland** national training centres and the **sportscotland** institute of sport network

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The **sportscotland** group is made up of **sportscotland** and the **sportscotland** Trust Company (national centres). **sportscotland** incorporates the **sportscotland** institute of sport, the high performance arm of **sportscotland**.

sportscotland documents are available in a range of formats and languages. Please contact our communications team for more information.

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 Awarding funds from
The National Lottery®

Front cover image: Athletes competing in under 17 athletics championships at Scotstoun Stadium, Glasgow
Back cover image: Junior athlete on the bowling green at the National Centre for Bowling, Ayr

